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Understanding

Anonymous

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UNDERSTANDING

by Anonymous

You don't know my struggle
You can't feel my pain
You ain't heard about me?
I'm free flowing like the rain
You can't feel the intense pressure
Or the uncontrollable rising heat
That got me stressing, going crazy
24 hours a day, 7 days a week
What you know about me?
Please tell me, let me know
Can you say you know how I feel
From my head down to my toes?
You can't claim you understand
My self-defining pain
If you think you know me
You must be utterly insane